From: Laura Foley Ramsden
To: Laura Foley Ramsden;
Subject: Foley Fish Supply Update for the week of November 9
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A tip of the hat to the Cleveland Browns as they collectively destroyed the Patriots… thankfully the Wolverines pulled out a win in the highest scoring game in Michigan history…looks like our 2 favorite teams have something in common – no defense!

Fish supply is on the tighter side this week thanks to a very strong storm center that is hovering on the Eastern seaboard from the Mid Atlantic all the way up into Canada. Most boats have come in over the past 3 days and have been handsomely rewarded for braving the high seas.

We have a terrific group at the Foley School of Fish this week –attendees hail from all across the country – Texas to Ohio to Arizona to Virginia to Tennessee to Maryland. It is an energized, inquisitive group. They are at the Boston fish pier right now boarding a fishing boat and touring the commission houses. Our next seminar is in February. Please let your account manager know if you are interested in receiving an invitation.

Here's the rundown:

Georges Bank Cod: We did see some cod landings to start the week and have been able to secure all sizes of codfish. Prices are up.

Georges Bank Haddock: Haddock supply has definitely been exceptionally tight this week owing to the lack of Canadian production and the minimal fishing effort due to weather here. We do see haddock pricing on the climb even for scrod sized fish.

Atlantic Pollock: Pollock supply is in the best shape of the groundfish and there

are more Pollock landings hailed in Maine today – half of the 5,000 lbs on the hail – not a lot but at least the fish are there. Pricing is up but it is still very affordable.

Gulf of Maine Hake: Hake supply is adequate and it remains a good buy priced under cod and haddock.

Acadian Redfish: Acadian Redfish will be officially declared rebuilt as of January 1. We are expecting an increased fishing quota on reds so it can become a good year round menu fish. This week the boats don't seem to be finding them in any large quantities so pricing is on the stronger side.

Halibut: We are sourcing the majority of our Halibut out of Alaska this week with fish running from 10/20lbs. The West Coast season will close November 15.

Atlantic Swordfish: There is a US boat unloading in New Bedford tomorrow which should be a treat for our seminarians attending Foley Fish School. There is an assortment of fish available right now but we are focusing the majority of our buying on the final US and Canadian trips to take advantage of the full fat, full flavored seasonal swordfish.

Gulf Yellowfin Tuna: The Gulf has been stormy as well which has caused some tightness in the Tuna market. We are sourcing the majority of our tuna out of the Caribbean.

Nantucket Scallops: Nantucket scallops are tight owing to the weather hindering the small boat fishery as well as a lighter supply year this season. Pricing is up on Nantuckets.

Georges Bank Sole: We are seeing some landings of both the smaller Yellowtail Sole as well as the larger Lemon Sole. We stuffed the Yellowtail with a jonah crab, spinach, fresh parmesan combination over the weekend to rave reviews.

Red & Black Grouper: We are sourcing both Red and Black grouper out of the Gulf of Mexico this week. The black grouper are very large fish yielding big fillets (fish sized 10-20lbs). The Reds are smaller sized 8lbs and up.

Mahi Mahi: Mahi Mahi has strengthened in pricing over the past 10 days. We are sourcing Mahi out of Guatemala.

Shucked Oysters; Good news in the shucked oyster world – there seems to be some increased supply and commensurate drops in pricing – we have seen pricing fall last week and at the start of this week. We may get oysters in our Thanksgiving stuffing after all!

Dressed Smelts: It is officially smelt season. We will have well priced, fresh

smelts throughout the week.

Shellfish: Hard shell clams of all sizes – counts, cherrys, tops and quahogs are in good shape this week. Steamers are closed due to rains. Blue Hill Bays and Pemaquids are also closed as of today. We will have PEI mussels as well as Wild Maine Mussels which come from a different area than the Blue Hills and Pemaquids. The Oyster line up is looking spectacular – cockenoes, blue points, wawenocs, menemshas, wellfleets, salt ponds and more!

Salmon: The most affordable sizes of Foley Farmed salmon are 8/10 and 10/12. If you can switch your spec to these sized fish, you will appreciate significant cost savings over the larger fish which are scarcer and commanding a premium by the farms.

Local Bluefish: A local boat in New Bedford landed some beautiful snapper blues – running about 3lbs each. These fish came to us hours out of the water and are looking very nice. Pricing is excellent as well on this full flavored fish.

Georges Bank Sea Scallops: Sea scallop pricing continues to climb and now there is word that the a good portion of landings are headed over seas due to favorable exchange rates. 20/30s and 10/20s are the most affordable size range.

That's the rundown from Foley Fish. Please phone us at 800-225-8102 (NB) or 800-225-9995(Boston) with any questions or to place an order. Best Fishes!

Laura Foley Ramsden
Foley Fish
New Bedford:800-225-8102, Boston: 800-225-9995
Cell: 401-439-0382